March 2017 Vol. 6 Issue 5

BSERVER HAVE WE GOT NEWS FOR YOU...

Wrestling Sectional Champs Walk the Halls of AA 0

The political side of Dr. Seuss

Explore The Hitchhiker's Guide to Real Estate

Fashion advice from third graders



What makes AA happy?

The Donlon Double: Part Two

Who is the Savage?

Traditional Irish Dishes

History of the Rubik's Cube



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Letter from the Editors

Hello Alfred-Almond! The mission of this year's Observer is to provide an entertaining and educational product for the benefit of the students and staff. Another month brings another great publication from Alfred-Almond's very own Observer! This issue is packed full of articles from Gandhi to puppies to the Donlon Double Part II. If vou're in the mood to volunteer, our writers have provided some great information about where to go and how to help, and just what to wear to set yourself up for success. So readers, if you're interested in real-estate or what makes the A-A community happy, make sure you check out all that awaits!

Bundan W. Desrow That

Have an idea for the paper? Contact the *Observer* staff:

Brendan Walsh <u>BW0236@aacsapps.com</u> Jessica Flaitz <u>JF2220@aacsapps.com</u> Erin Anderson <u>EA1954@aacsapps.com</u> Madge Chroniger <u>MC0501@aacsapps.com</u>

Mission & Vision

Have We Got News For You

is our mission the as Alfred-Almond Observer to provide a well-balanced resource for the purpose of entertaining and the Alfred-Almond informing community. We intend to create an easily accessible and reliable source of both local and national news. It is our goal to leave behind a more informed and knowledgeable student body for years to come.

Observer Staff

Editor-in-ChiefBrendan Walsh
Editor-in-Chief LiteJessica Flaitz
Sr. Copy EditorJanu Patel
Copy EditorsJack Castle Alex DeGraff Madison McCormick Abbey Swackhamer
Design ManagersJustin Berry Owen Curtin Public Relations ManagerMadge Chroniger
Staff WritersErin Anderson Greg Boardman (Bill Bacon) Kalista Calkins Charles Elliott Dylan Griffin Cory Olix Harry Robshaw

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Announcements

By Greg Boardman Staff Writer

See the play Annie: Thursday March at 7:00 pm Saturday March 11 at 7:00 pm Sunday March 12 at 2:00 pm \$5 for tickets at the door

The St. Patrick's Day Parade will be Saturday, March 11 at 11 a.m. on Main Street in Hornell.

Daylight Savings Time is on Sunday, March 12. Don't forget to set your clocks ahead one hour!

Jr/Sr/Jazz Band Concert on Tuesday, March 14 at 7:00 pm

The annual **Maple Weekend** will take place on the weekends of **March 18-19 and 25-26**. It will take place at farms all over Western New York. For more information, visit <u>http://www.nysmaple.com/maple-weekend/About-Maple-Weekend/1</u>

First day of spring is on Monday, March 20.

Jr/Sr Chorus Concert on Tuesday, March 21 at 7:00 pm

Macaroni and Cheese Cook Off on Sunday, March 26 from 11:30am to 1:30pm at the Alfred Station Seventh Day Baptist Church on Route 244. All proceeds will be going to the Epilepsy Foundation.

NYS ELA Testing Grades 3-8 from March 28 to March 30

Writer Needed after Bill Bacon's Sudden inability to write articles

March Photo Challenge



Find these places around the school! Discover their locations in the next edition of the *Observer*

February Photo Challenge Revealed



Left to Right: Tree of life in Elementary lobby, end of the bleachers in the Gymnasium, stage in Auditorium



By Madison McCormick Copy Editor

Have you ever thought about writing your own book? Eleventh grader Morgan G. has thought and done just that. Not So Bad After All was published on June 11, 2015, through the Createspace website, which allows users to publish and sell books, DVDs and CDs at a lower price than the traditional publishing organizations. The company is owned by Amazon and will even publish books electronically and put them up for sale in the Kindle Store Amazon.com. Morgan had on previously posted the book on Wattpad, an online community where authors of all skill are able to post their original work.

The summary of *Not So Bad After All* taken from the back cover reads: "Mae is your typical nerd. She does all her homework, never skips, doesn't get in trouble and is very smart. Alex however is the school bad boy who gets in fights and there's rumors about him being in jail in the past. These two very different people share only one thing in common, their liking of each other." Morgan started the book at the age of twelve and finished it when she was

"No one from here has been chosen to go to Darenia for years...decades actually."

A quote from Morgan's currently unnamed story that is being written in this journal. Photo courtesy of Madison McCormick fourteen in a school writing club.

The writing club was Morgan's thing about favorite Hornell, where she attended ninth and tenth grade. The librarian, Mrs. Elsloo, led the ten-member club that would meet once a week. The club would pay for the publishing of a book on a grant with the conditions that: the student finished the book, the book was edited, and a cover had to be designed. Five copies of the Morgan's book were published, with one of them residing in the Hornell High School library.

Not So Bad After All can be read online at Wattpad.com along with 10 other works Morgan has posted including a sequel in progress entitled Better than Bad which currently has two chapters posted. These two works have been Morgan's most viewed books on Wattpad, with Not So Bad After All racking up over 184,000 views. Although Not So Bad After All was not her first book, it is her most recent completion.

Morgan wrote her first book when she was in sixth grade. The book was handwritten on paper and was about vampires and werewolves that lived in a cloud city. One should not expect to write a bestseller on their first try; "I don't think that the plot even made sense." said Morgan in regards to her first book.

Currently, Morgan is working on a futuristic story that she describes as a science fiction type book. The main character, Samantha, is selected to live in a city where really smart people live. She is a biotech specialist that designed a matter converter that can change any object into something else. The city turns out to be corrupt and as a result, Samantha tries to fix the system by creating a time machine in order to go back in time and find the source of corruption.

A-A Author 4

March 2017

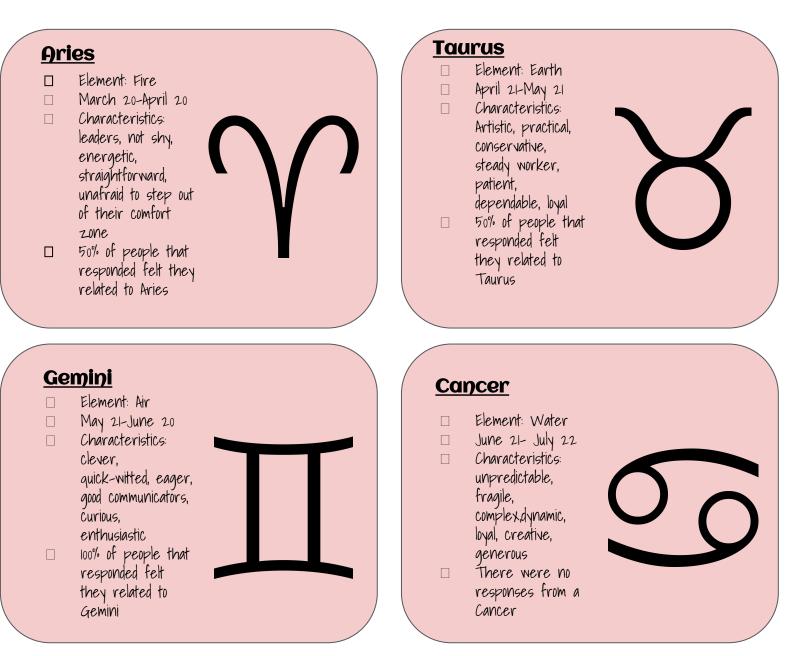
To Morgan, the most difficult part of the writing process is trying to find time to write and to "balance what you have." "I just like to keep busy but not over schedule myself to the point that I don't have any free time or time to work on writing."As she continues down her path of writing, she has advice for aspiring authors: "You just have to come up with an idea, plan it out, create your characters before you start, and then once you have a basic idea of what you want to do, just write. If you have any mistakes, you can format them out later." I highly encourage you to check out Morgan's work here and talk to her if you want more advice from this published local author.



The Aspiring Author Morgan's favorite author is J.K. Rowling Photo courtesy of Madison McCormick

Ohserver Zodiac 5 Vol. 6 Issue 5 March 2017 What the Stars Say About You * Bv **Jessica Flaitz Editor-in-Chief (Lite)**

For over 2,000 years, astrology, which is the study of the positioning of stars and the effects it has on humans, has been a part of science and science fiction. "Zodiac," which is a belt of the heavens that include all apparent positions of the sun, moon, and most familiar planets, is taken from a Greek word meaning "Circle of Animals." The "circle" is divided up into 12 sections that represent the 12 zodiac signs. The 12 signs are also divided up into four larger groups that represent the four elements (earth, air, fire, and water). Each of the 12 zodiac signs have different personality traits that they represent. For this issue, I collected multiple answers from around the school to see if anyone thinks their sign actually correlates to who they think they are as a person.





Zodiac 6 March 2017

September 30 Kalista

dedicates much of her

time to helping in the

Elementary, so it

makes sense that she

finds patience as one

of the most important

traits of a Libra Photo

courtesy of Kalista C.



July 31 Dylan doesn't check his horoscope, but he does reveal his Leo ambition while showing off his state championship medal Photo courtesy of Dylan G.

<u>Leo</u>

- □ Element: Fire □ July 23-August 22
- Characteristics: ambitious, eager, courageous, leader, creative, idealistic, loves being in center stage
- 66% of people that responded felt they related to Leo





<u>Virgo</u>

- Element: EarthAugust
 - 23-September 22
- Characteristics: organized, diligent workers, efficient, shy, independent, healthy-eaters
-] There' were no responses from a Virgo



<u>Libra</u>

- 🗆 Element: Air
- □ September 23-October 22
- Characteristics:
 team players,
 focuses on
 - focuses on relationships with others rather than themselves, sociable, extroverted, organized



Only 13% of people that responded felt they related to Libra

Scorpio

- 🗆 Element: Water
- October 23-November
 21
- Characteristics:
 passionate, clever,
 secretive, suspicious,
 ambitious, competitive,
 sincere, reserved,
 observant,
 independent,
 protective
- There were no responses from a Scorpio



Zodiac 7 March 2017



March 29 Abbey will occasionally check her horoscope, and she feels an Aries trait that best relates to her is enthusiasm. Photo courtesy of Abbey S.



May 5 Even though she lives in the moment instead of focusing on the future, Madge, a Taurus, feels being determination is a very important trait to carry with you Photo courtesy of Madge C.

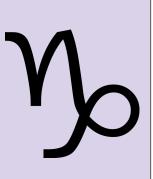
<u>Sagittarius</u>

- 🗆 🛛 Element: Fire
- November 22-December
 21
- Characteristics: Truth-seekers, enthusiastic for knowledge, lucky, procrastinators, adventurous, curious, high-spirited
 - high-spirited 100% of people that responded felt they related to Sagittarius



<u>Capricorn</u>

- 🗆 🛛 Element: Earth
- December
- 22-January 20 Characteristics: hard-working, ambitious, determined, realistic, patient, disciplined, devoted, cautious, responsible
- 50% of people that responded felt they related to Capricorn

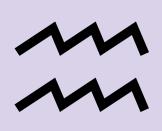


<u>Pisces</u>

- 🗆 Element: Water
- February 20-March 20
- Characteristics:
 Dreamers, easy-going, free spirits, compassionate, charitable, shy, intuitive, empathetic, artistic
- 0% of people that responded felt they related to Pisces

<u>Aquarius</u>

- 🗆 🛛 Element: Air
- 🗆 January 21-February 19
- Characteristics:
 visionaries, sociable,
 impatient,
 collaborative,
 unpredictable,
 intellectual,
 humanitarian



o% of people that responded felt they related to Aquarius



Champions 8 March 2017

AA's Sectional Champions!

By Cory Olix-Staff Writer

Alfred-Almond has had its fair share of sectional champions throughout its history. It is a prestigious award for any athlete. To be a part of Alfred-Almond's list of winners is something that takes an incredible amount of work; it is never a task to be taken lightly. Senior Jacob L. and Junior Evan W. joined this club in the winter of 2017, and will remember this experience forever. Jacob wrestled 285, where Evan wrestled 135. To better understand some of their background and feelings after the event, I interviewed the two champions, seen below. (Interview on following page.)



Big Men! Above is Coach Cook, Jacob L., and Evan W. after their sectional wins Photo from Instagram

2017 Champions Jacob and Evan are gratified by the people around them and extremely happy to have won **Photo from Instagram**

Evan's season ended with a Sectional Championship and placement of 4th at Super Sectionals. Jacob finished with a Sectional Championship, a wild card to states, and a 1-2 record at the state tournament. These two individuals have earned their spot at the top. A lesson for younger athletes is that anything can happen. Winning is about being yourself and becoming the best you can be. People will remember these two individuals for more than just this year, but also all the work they've put in years before and the offseason. Also, congratulations to Mr. Cook on coaching yet another champion; your work does not go unseen and is truly appreciated.

Jacob and Evan have shown their character clearly, especially if you know them. Your 2017 Sectional Champions are ones that will not be forgotten!



Champions 9 March 2017

Interview with the Champs

How long have you been wrestling?

Evan- *I* have been wrestling since the age of 9 **Jacob-** *I* started wrestling in 8th grade and this is my 5th *year.*

What's your favorite memory so far?

Evan- *Winning sectionals and getting that Blue sectional patch* **Jacob-** *Winning sectionals*

What is your weight class?

Evan- 138 pounds **Jacob-** Heavyweight 285 pounds, but I don't weigh all of that, that's just my weight class.

How does it feel to win?

Evan- Winning is one of the best feelings in the world. When all your hard work finally pays off it's just unexplainable.

Jacob- Winning is the best. You know the kids who hate to lose because they are the ones putting in the most work.

Do you want to thank anybody? Why?

Evan- I would like to thank my parents and Mr.Cook for pushing me every day to do my best and making me the wrestler I am today. I would also like to thank Mr.Gorman for the extra time he takes out of his day to make our endurance levels peak to last that extra time on the mat.

Jacob- My parents and Mr.Cook for helping me through my wrestling career and for putting me on the top of the podium at sectionals, and Mr.Gorman for the dreaded cardio endurance practices.

Do you have someone you look up to?

Evan- I look up to my parents and Mr. Cook. They are always trying to make me a better man and prepare me for the hardships in life. **Jacob-** Mr.Cook and all my coaches

What type of things do you do outside of school?

Evan- *After a hard wrestling practice you don't feel like doing much but sleeping and eating.* **Jacob-** *After practice I eat and then I sleep to get ready for the next day.*

What profession do you plan on going into? Evan- I want to work construction Jacob- Construction

Do you participate in any other sports?

Evan-*I play varsity soccer and I run varsity track.* **Jacob-***Track and field as a shotput and discus thrower*

Where do you want to live someday?

Evan- *I plan to live in the state of New York.* **Jacob-** *In the country with a decent home and maybe someday have a family.*

Is there anything interesting about you that you'd like to share?

Evan- I love Dew..... a lot..... but don't tell Mr.Cook that.

Jacob- *I* am sectional champion at the 285 pound weight class. And I love driving my Jeep.

What is your message to upcoming wrestlers/athletes?

Evan- I would like to let upcoming wrestlers and athletes know everything you put in someday you will get out of it. Wrestling is a grind and at some points it really sucks, but if you stay dedicated and keep pushing you will succeed. If Mr.Cook is yelling at you it doesn't always mean he's mad at you - most of the time it means he cares about you and wants to see you do your best.

Jacob- Put in the work. There's always something more to be done. Listen to your fellow teammates especially if they have been on the team longer than you. If Coach Cook is yelling at you that just means he cares about you.



Donlon Part 2 10 March 2017

THIS JUSTIN: DONLON RETURNS

Here we go again - I promised you incredible readers a tubular sequel and like the pizza guy, I'm here to deliver. Last issue, I laid bare the extraordinary qualities demonstrated by one of my favorite teachers, Mr. Donlon. A passionate young man who always attempts to guide and care for his students. Now it's big brother's time to shine; we focused on Mr. Donlon last issue, so now the obvious progression is to talk about none other than Mr. Donlon. Mr. J. Donlon is Ι didn't someone have prior experience with before our interview. I didn't even know he existed until this year, however, my interview with him really enlightened me to what a kind, respectable, and interesting person he is. Hopefully after this rendition of This Justin, it will be even more apparent how great he is. It's time to shed some light on the other rockstar in the Donlon family.

when I approached Mr. Donlon to ask for an interview. I was also extremely kind of person he is. When I asked him about how he describes himself, the one word that sprang to his mind was "Reflective." Self reflection is incredibly important to Mr. Donlon; he considers it to be the best way to learn. He links it to history class -learning from past mistakes can help prevent them in the future. His ideals of being humble and reflecting on past experiences really resonated with me personally; hopefully it does with you as well. Along with being reflective, Mr. Donlon cites his determined and persevering attitude as one of his

By Justin Berry: Design Manager



Dandy Donlon Part 2 Who can look at that face and not feel respect? Photo courtesy of Justin Berry

biggest strengths. He hates to lose and will always attempt to bounce back and try again. In tandem with his superb determination and stellar attitude, Mr. Donlon is an incredibly creative and musical person. He loves to play the guitar and sing; in fact, he plays with At first, I was very nervous the very same giant of a man that I interviewed just last issue. I'm talking about about Mr. S. Donlon, the master curious about what kind of person he of disaster himself. Mr. J. Donlon is. Just after talking with him for a described to me how he likes specific minute or so, my nerves were songs rather than specific genres, assuaged. I felt like we connected however a genre he particularly enjoys pretty well and I was inspired by the is classical. During our interview he described to me how important singing and playing the guitar is for him. It's one of his favorite hobbies and definitely a way for him to reduce stress. Being passionate about something is super crucial for long lasting mental health; that being said, we should all take a page from the Donlon brothers' book.

> When asked about who has had the biggest role in making him the person he is today, he cited his history teacher for three consecutive years, Mr. Leach. Mr. Donlon depicts him as someone with amazing charisma, and

coupled with the exposure he gave Mr. Donlon to the world of teaching, someone who helped inspire him to pursue education, history class in particular.

Alongside his exceptional strength of character and determined nature he told me some interesting tidbits of information that I want to share. Some fun facts about him are that he has two dogs and one cat, he's currently in grad school working hard to be a history teacher, and his wife is also interestingly history-minded and a Social Studies teacher. Funny how that works. Some golden nuggets of advice he has for us growing teenagers would be to never be afraid of failure - some of the best things stem from that failure and improving from that failure. Hand in hand with that, putting yourself out there and getting out of your head is of the utmost importance, us young people are extremely resilient and because of that we can bounce back and try again. That's the main reason why you shouldn't be afraid of failure. Basically just try to do whatever you set your mind to and never give up.

It was an amazing experience to know Mr. Donlon's getting personality. It was even more of a pleasure getting share to the knowledge I've learned with you exquisite readers; he's a great guy and if you get the chance, I would definitely recommend talking to him because he has a wealth of advice. You can't help but feel uplifted talking to him and you should totally say "Hi" to him if you pass him in your travels down the hallway.

This concludes the Donlon Double Feature. Thank you for reading the fourth edition of This Justin. See you next time in April.



Third Graders' Guide to Fashion

By Kalista Calkins - Staff Writer

As most of you know, third graders are pretty fashionable human beings. In order to study the hot new trends blazing across their generation, I asked the following questions: What's your favorite fashion style – sporty, dressy, comfy, or artsy? What teacher, in your opinion, is the most fashionable? What's your best fashion advice? When asked these questions, most of the third graders answered right away, leading to quite a few amazingly odd responses, which can be found in the charts below.





Fashion 12 March 2017

Guide to Fashion Continued...

My last question to the third graders was, "What's your best fashion advice?" Here are a few of my favorite responses:



"Make sure it matches" -Anna A. "Wear whatever you'd like" -Gianna G. "Always dress to impress" -Michael D. "Wear fancy clothes" -Cameron S. "Try something new" -Kamden W.



"Don't wear shorts in the winter" -Kendra S. "Don't wear zebra shirts" -Elaina F. "Don't dye all of your hair" -Isabel M. "Socks and sandals are bad" -Bryana T. "Don't wear polka dots and stripes" -Emma W. "Never wear sweatpants to school" -Katen D.





Fashionistas A group of third graders line up to show off their best outfits. Photo courtesy of Kalista Calkins







War Against Japan Following the bombing of Pearl Harbor, Seuss took aim at the leaders of Japan. Seuss was pro-America and was upset by our lack of readiness in response to being attacked Photo from library.ucsd.edu

Do you know of the author Theodor Seuss Geisel? You may know him better as the legendary children's author, Dr. Seuss. Dr. Seuss wasn't an actual doctor, however, since he never finished his studies for his doctorate degree. We'll learn how he got that name later, though. Dr. Seuss was not simply the entertaining author that we all know him as - he had a political side and a mischievous history when he was younger. We see him as this fantastic children's author, but what many of us don't know is that he had a blunt and critical career as a political artist.

Dr. Seuss got his name in a rather strange fashion. Seuss was stripped of his editorial, The Jack-O-Lantern, in the midst of his senior year at Dartmouth College in New Hampshire. Seuss and his friends were caught drinking gin in the spring of 1925. As this was during prohibition, the dean put them all on probation. In order to continue having his work published, Seuss began to publish under the alias of Dr. Theophrastus Seuss. He also created a new pronunciation of Seuss. Most Americans pronounced it "zoice" but he stated that it was "soose." pronounced This was eventually shortened his to pseudonym, Dr. Seuss, in 1928.

Seuss' Secrets

Dylan Griffin Staff Writer

Seuss first showed his political beliefs when the Nazis started occupying Paris during World War II. Seuss thought that the United States needed to pay closer attention to these and other foreign affairs that were having a negative impact. This would lead into a 21 month career, spanning from 1941 to 1943, as a political artist. He had over 400 political cartoons published in this time. All of these were published for the liberal New York City newspaper PM (Picture Magazine) over the 21 month span. He would attack the European figureheads of the Axis powers, fascism, and forms racism and other of discrimination. Suess had suffered from of those first hand as a child. Suess claims that he never had a childhood as result of being a German immigrant. His classmates would chase him around with bats and yell "Kill the Kaiser." The persecution became so immense that his Lutheran Church stopped holding service in German. In his first year at Dartmouth, no fraternities would let him pledge to their house because he had a long nose and dark hair which made them think that he was Jewish.

After the war came to a close, Seuss's political views carried over to his children's books. Some of his most well known books are "Yertle the Turtle","The Sneetches" and "Horton Hears a Who." "Yertle the Turtle" is inspired by the rise of Hitler and is the story of a turtle who takes advantage of citizens his average to become powerful, until one normal turtle sneezes and collapses his whole empire. "The Sneetches" is used to attack racial issues; the sneetches are

separated by the star bellies and plain bellies, just as the Jews during Hitler's reign had to wear the star of David. One of the most eye opening hidden stories was in "Horton Hears a Who." The story alludes to the dropping of atomic bombs on Japan. Seuss implies that the ability to destroy millions of lives can be prevented caused or by one individual. In the story, Horton can easily blow millions of Whos away to their death, but instead, he protects them and stands up for a group that can't stand up for themselves. Through Horton's character, Seuss says, "People are people no matter how small," thus attacking many of the racial and sexist issues that were being faced at the time. Although he has had a very unique career as a political artist, his work as a children's author was some of the best there ever was.

... and the Wolf chewed up the children and spit out their bones But those were <u>Foreign Children</u> and it really didn't matter."



Planting the Seed of Hate During the war, Seuss took on the enemy at home. He would attempt to deface the leaders of the fascist countries and encouraged empathy from American readers.

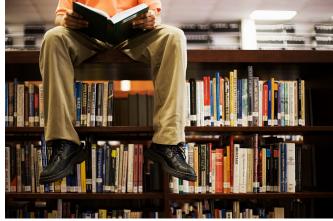
Photo from library.ucsd.edu



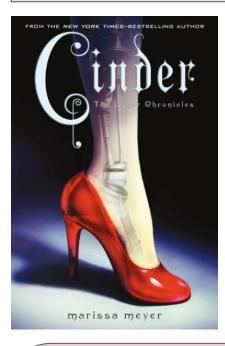
THIS DECADE'S BOOKS

Believe it or not, good books are still being written. All five of the books listed here have received wonderful critical reception, but at the same time are not exceptionally famous. I avoided showcasing well-known books like *The Hunger Games* and *Divergent* to introduce new stories and to make it more interesting. If any of these summaries or reviews pique your interest, you can get access to these books in several ways. You can order them from the school library, look for them in a local library, or buy them online. *All the Light We Cannot See* and *Ready Player One* are both coming to our library soon, for instance.Get ready for some amazing book summaries.

By Alex DeGraff - Copy Editor



On the prowl Reading is more accessible now than ever before! Photo from www.http://portcolbornelibrary.org



(inder (Marissa Meyer)

Taking place in a dystopian sci-fi future, this story focuses on a cyborg named Cinder. Cinder hides her cybernetic implants from others, since cyborgs are treated as second class citizens. While working as a mechanic, Cinder has the fortune of meeting the prince of her provincial government to work on his personal android. Later, Cinder discovers that she is immune to a disease which has been carried to Earth from the Moon, and thus her grand journey, spanning an epic series, begins.

Cover from macmillan.com

Me Before You You (Jojo Moyes)

This story follows Louisa Clark, who takes a job from former "Master of the Universe," Will Traynor. Will's life of big thrills came to a halt after a tragic accident which made him wheelchair bound. This drama and emotion-filled story has received a great critical reception, and should certainly not be missed by those who love a good romance story.



ALL THE

LIGHT

WE

CANNOT

SEE

ANTHONY



New Books 15 March 2017

THIS DECADE'S BOOKS (CONT.)

All The Light We Cannot See (Anthony Doerr)

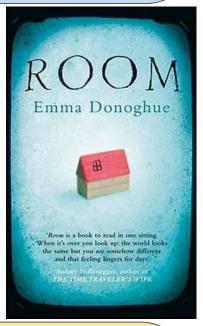
This masterpiece of a novel took ten years to write, and was a National Book Award finalist and the Andrew Carnegie Medal for Excellence in Fiction, as well as the winner of the Pulitzer Prize. Taking place from 1934 to 1945, the novel follows the story of a blind French girl, as well as a German boy, whose paths cross as international conflict erupts.

Cover from newportbeachindy.com

ROOM (Emma Donoghue)

Recently adapted into a film, this story is written from the perspective of a five-year old boy named Jack who has been living in a single room his whole life. Jack believes the only things that are real are his room and his mother, who has convinced him that all evidence of an outside world has been fictionalized. Of course, the world isn't so simple...

Cover from cape.k12.me.us





Ready Player One (Ernest Cline)

This sci-fi thriller takes place in the year 2044, where the world has been ravaged by conflict surrounding the loss of fossil fuels and the effects of global warming. To escape their horrible lives, people turn to virtual reality simulation. The game's creator, who made fortunes off of the production, has died, and whoever can uncover a hidden Easter egg in the game first will be able to inherit his entire fortune. This is also currently being adapted into a movie of the same name, directed by Steven Spielberg.

Cover from strangehorizons.com



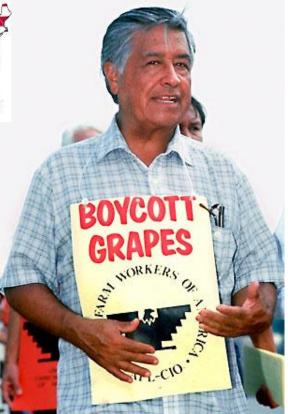
Cezar Chavez: A Man of Activism



On on March 31, every year, people from the southern most states in the United States celebrate Cesar Chavez day. Much like Martin Luther King Jr. Day, this is a day to commemorate all that Cesar Chavez did for Mexican farm workers at a time when they were being taken advantage of. In 2014, President Barack Obama announced Cesar Chavez day as a national holiday and encourages people to view it as a day to stop and give thanks for the food produced in America and think of the men and women who helped produce it. In most southern states, this day is considered a holiday where schools and government buildings are closed for the day.

Many people aren't even sure who Cesar Chavez is, let alone what a large impact he has made in the world of farming and civil rights for farm hands in the states of California and Florida. Cesar Chavez, born as César Estrada Chávez, was an American labor leader and a civil activist who rights used civil disobedience and many peaceful protests to make the United Farmer Workers, the nation's first successful and largest farm workers' union in over ten states, and that is still active today.

Born March 31, 1927 in



Grapes of Wrath Chavez leading a boycott on Grapes Photo from Britannica.com

Yuma, Arizona, Chavez and his family moved to California after his childhood home, family business and ranch were lost in the great California, although depression. promising, held an equally difficult situation. His family worked as field hands year round for little money. When he was a teenager, Chavez spent his time with his sister driving the elderly people in his community to stores and the hospital. Chavez quit school in the seventh grade to help his mother in the fields and make money for his family. He later joined the navy because he thought they would teach him useful skills

By Harry Robshaw Staff Writer

that he would use in real life. He later described it in an interview as the "worst two years of my life."

In 1962, Chavez went on working as a field hand life until he was introduced to Fred Ross, a community organizer. Together they co-founded "The National Farm Workers Association." Chavez also helped lead the 1965 boycott of table grapes to strike the low wages that field hands made. The whole protest lasted five years and went all the way to the U.S Senate Committee on Labor and Public Welfare. The movement got more and more attention over the years from all over the country. Robert Kennedy, brother and advisor to John F. Kennedy, said he supported the protest and what they stood for.

In 1970, Chavez also lead the farm workers rights largest movement in U.S. history, the Salad Bowl strike. The strike fought for, and later won, higher wages for grape and lettuce farmers. To win the wages for the workers and gain publicity, Chavez would do multiple "spiritual fasts" where he wouldn't eat or drink water. Also in 1972, he fasted in response to the Arizona passage of legislation that prohibited strikes and protests of farmers in the harvest season. He once underwent a 25 day fast to promote the use of Mohandas Gandhi's method of nonviolence and peaceful protest.

After all that he's done for the natural rights of the great people of this country, who work hard for the food we consume on a daily basis, he will always be remembered.

Nhserver Vol. 6 Issue 5



Gandhi 17 March 2017

The Man, The Myth, The Legend: Mohandas Gandhi

Great Britain. in imperialistic period (19th to the early 20th century), owned up to 24% of the world's total land. India was ruled by Britain since 1858, and Britain took India's resources to make a profit for the mother country. A specific man named Mohandas Gandhi made a lasting legacy in this world by civilly disobeying the might of the British Empire. Mohandas Gandhi, also referred to as Mahatma (meaning a holy person or one who has supernatural powers) Gandhi, was born on October 2, 1869, into the merchant class (second highest level class) of the Hindu caste system. Gandhi was a very religious person, practicing the ways of Hinduism. The practice of nonviolence was stemmed from a word that has a very significant meaning in nearly all Asian centered religions. defined as "the principle of

By Jack Castle - Copy Editor

their nonviolence towards all living things," was the driving force that made Gandhi a legacy in our lives today. In the early 1900's, Gandhi returned to India after he got an education in Britain, and gained support to protest the British government from the people of India. Gandhi then fought for the rights of his fellow people for the rest of his life. Gandhi protested against imperialistic Britain; he used civil disobedience to protest unjust laws and had great success. He united Muslims and Hindus for a period of time with a new focus on Britain who was the common enemy. One law the British government passed that he protested was the Rowlatt laws of 1919, which prosecuted any rebellion against Britain's government without a jury. A civil act that Gandhi called for was "swadeshi" which means "Ahimsa," literally self-sufficiency. The people of India

took it a step further, and burnt all the English clothing that Britain made them wear, and made their own clothing. The people of India returned to traditional Indian clothing further protest against the to oppressive government. Gandhi then touched the minds of the world with his famous Salt March in 1930, where he walked for 24 days to resist the might of the British empire. When he arrived he said, "With this salt I resist the might of the British empire, join me in the struggle of right against might."

Gandhi, civil using disobedience, made it extremely difficult for Great Britain to keep pumping supplies into India. With all this good he put into the world, many began to believe that he would live forever. His people thought of him as a near deity or a near enlightened one. However, on January 30, 1948, on Gandhi's routine walk to a



Gandhi's Funeral After his assassination, millions gather to throw flowers on Gandhi's casket, a classic Hindu tradition. Photo from reddit.com



Gandhi 18 March 2017

Gandhi, Continued

Mohandas "Mahatma" Gandhi Quotes:

"You must be the change you wish to see in the world."

"The weak can never forgive. Forgiveness is the attribute of the strong."

"Happiness is when what you think, what you say, and what you do are in harmony."

"An eye for eye only ends up making the whole world blind."

"Live as if you were to die tomorrow; learn as if you were to live forever.

"First they ignore you, then they laugh at you, then they fight you, then you win."

"You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty."

"The best way to find yourself is to lose yourself in the service of others."

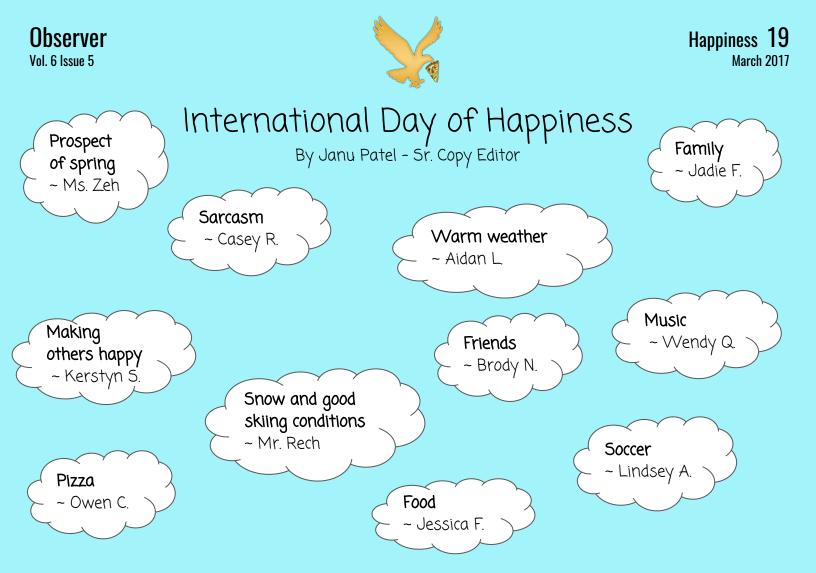
"Strength does not come from physical capacity. It comes from an indomitable will."

"A man is but the product of his thoughts; what he thinks, he becomes."

The Salt March In his attempts to rid his country of the oppressive British Government, Gandhi marched for 24 days, across 240 miles, to pick up a handful of salt to influence the world to join him in this fight against the might of the British Empire . Photo from **pinterest.com**

prayer meeting, a Hindu extremist assassinated this great man with three bullets to the chest. Days before his death, Gandhi said, "If I were to be shot in the chest and died with the words Hey Ram (Meaning "Oh God") on my lips, only then would I be a true Mahatma." Shortly before his last breath, people who were near him during his assassination reported that his last words were indeed "Brahman," the Hindu 'supreme reality' or God. Throughout his life, Gandhi changed many people's self-image by having someone to look up to as a role model. Ultimately, though, Gandhi felt like a failure because after the liberation from Britain. Hindus and Muslims began a major civil war and over 500,000 people were killed. Gandhi unsuccessful because felt he promoted ahimsa, but his people couldn't find a way to practice it. Gandhi always strived to make himself better. He did a lot as a single person, and never for the purpose of putting himself on the level of "Mahatma," which spoke a lot about his character. Ultimately, Gandhi's actions gave him the well deserved name of Mahatma.





What makes you happy? In the spirit of the International Day of Happiness, I set out to ask Alfred Almond students and faculty what makes them happy. The International Day of Happiness was first recognized on March 20, 2013, by the United Nations. It has been celebrated annually on that day for the past four years. According to unfoundation.org, it is a day which "recognizes the pursuit of happiness as a fundamental human goal and the need for a more inclusive, equitable and balanced approach to economic growth that promotes sustainable development, poverty eradication, happiness and the well-being of all peoples." So how is the Day of Happiness celebrated? Well it can be celebrated however you choose, but a great way would be giving to others. Studies have shown that giving to others make us happier than getting things for ourselves. You could buy a friend's coffee, give a meaningful compliment, make somebody's job easier, donate your time... the possibilities are endless! So this March 20, don't forget to be happy and find ways to spread kindness and give to others.

(continued on next page)



After asking the AA community what makes them happy, I noticed another common theme. A lot of people love dogs! A great way to celebrate the day of happiness is to volunteer at the humane society OR, adopt a dog. The Hornell Area Humane Society is always looking for help, and National Puppy Day (March 23) is a great time to start! The Hornell Area Humane Society has served the local area for over 100 years as a no-kill shelter. The shelter is open to the public everyday except Mondays and holidays. It hosts 16 runs with inside/outside access, a dog park, a free-roaming cat room, a room with 16 individually caged cats, and an area for sick and injured cats while providing veterinary services. Currently, the shelter has three dogs up for adoption: Princess, Jonna, and Boomer!

for adoption: Princess, Jenna, and Boomer!



Dogs ~ Ella Napolitano Dogs ~ Alex Degraff My dogs and family ~ Domenica Sage Puppies and sunshine ~ Abbey Swackhamer Dogs ~ Harry Robshaw My dogs ~ Janu Patel

Photos and adoption page by Janu P. and Abbey S.





Princess A five year old female pitbull who loves to play.



Boomer A three year old hound mix male who loves cuddles.



Jenna A three year old American Cattle dog mix who enjoys posing for the camera.

Helping out the Hornell Humane Society would be a great way to celebrate National Puppy Day. They are always looking for volunteers to clean cages, walk dogs and interact with the animals. On top of volunteering, donations are accepted in order for them to continue to serve the community and help the animals. Visit their website, <u>www.hornellanimalshelter.org</u>, for more information!



Puppies 21 March 2017

Love, Rescue, Adopt: National Puppy Day

By Abbey Swackhamer - Copy Editor

Puppies are the most trusting and joyous creatures on the planet. Oh, to be more like a puppy.

Who doesn't love puppies? National Puppy Day is recognized on March 23 to celebrate the great impact that dogs have on everyday life and, most importantly, to shine a light on orphaned puppies. This day was founded in 2006 by Colleen Paige, a celebrity pet & home lifestyle expert and author, who devotes her life to improving the lives of animals and eliminating puppy mills.

According to the official National Puppy Day website¹, 8,000-10,000 puppy mills exist within the United States that breed puppies for sale - usually in inhumane conditions. Most puppies in mills reside in crowded cages, living in squalor while encountering sickness without proper health exams and vaccinations. On top of that, the puppies are usually taken away from their mothers too early, resulting in a lack of social skills. Once the female breeder is infertile, frequently killed she is or abandoned. National Puppy Day aims to stop the production of puppy mills and the overproduction of dogs by encouraging pet stores to stop selling those puppies to put the mills out of business. The National Puppy Day Foundation recommends that if people plan to buy a purebred should thev do their dog. "homework", which means that they should ensure that the breeder is licensed, has a good reputation, and

∼Colleen Paige

Ways to Celebrate National Puppy Day:

Adopt or rescue a puppy from an adoption center or rescue organization

Donate money, food, or toys to your local animal shelter

Organize a peaceful protest against puppy mills!

Volunteer at a shelter (walk/play with dogs or clean cages)

Give your puppy some love or buy them a new toy

Take your puppy on a long walk



1www.nationalpuppyday.com

has a health certificate from the vet for each puppy.

The ultimate goal of National Puppy Day is to encourage people to adopt instead of "shop" for a pet, and not to forget the importance of spaying and neutering dogs.

Personally, I am looking forward to National Puppy Day to celebrate the adoption of my rescue puppy. A little over a year ago, my family decided that a dog would be a great addition to our family. After researching, my parents decided that adopting a rescue dog would be the best choice. They came across an American Bulldog mix from Sadie's Safe Harbor Canine Rescue, named Hanny. He was rescued from West Virginia (he was originally named Hannibal) where he was left outside 24/7 and neglected. Previous to being adopted, Hanny was fostered by a great woman in Kenmore, NY, who gave Hanny lots of love and trained him for five months in order for him to recover from his past situation. During this recovery time, Hanny learned tricks (sit, stay. shake, lay down, gentle) and self-control. Hanny is a very protective dog, but after getting to know him (and giving him a few treats), he's a lovable and energetic furry friend. My family and I are very grateful that we decided to rescue a dog. On National Puppy Day, don't forget to appreciate your furry friend!



Purple Day 22 March 2017

When I was 8 years old, I was diagnosed with Childhood Absence Epilepsy. Ever since my first year of struggling with medications and tests, I have been a dedicated advocate for Epilepsy Awareness. "Purple Day" is a great way to make people aware of this condition and how to help, even by just wearing purple or making a small donation to the Epilepsy Foundation. After hearing about Cassidy Megan, who founded "Purple Day" when she was 8 years old, this day has become a global awareness day for epilepsy. Thanks to Cassidy's efforts, I knew that I wasn't alone in this strange new thing that had taken over my life.

Ever since she was a young girl, Cassidy's goal was to make it so those struggling with epilepsy wouldn't feel alone or scared when battling this disease. She wanted to make people feel accepted and loved when entering this scary new situation that they hadn't experienced before. Every year, Purple Day is full of events like 5K's, dinners, bake sales, and even fashion shows, all while people wear purple to support the Epilepsy Foundation in finding a cure for epilepsy. Cassidy wanted to dedicate a day to raise awareness, not only to give support for those with epilepsy, but to get people talking about the disease



AA's Purple Day A group of Alfred-Almond students supporting epilepsy awareness on March 26, 2015 Photo courtesy of Madge Chroniger

By Madge Chroniger Public Relations Manager

Epilepsy Facts

- Epilepsy is a neurological disorder caused by unusual nerve cell activity in the brain, which causes seizures.
- Seizures can cause a range of symptoms, from momentarily staring blankly to loss of awareness and uncontrollable twitching.
- Each year at least 200,000 people are diagnosed with epilepsy.
- Diagnosing epilepsy requires several types of tests and studies to confirm your symptoms.
- One in 100 Americans will have an unprovoked seizure in their lifetime.

For more information on epilepsy visit epilepsy.com or purpleday.org

so that people would be better informed about the seizure disorder.

Epilepsv In 2009. The Association of Nova Scotia and The Anita Kaufmann Foundation partnered with Cassidy to make Purple Day a global awareness day. On that very first Purple Day, over 100,000 students, 116 politicians, and 95 different workplaces participated in the festivities. Global efforts to raise awareness of the 50 million people affected by epilepsy have proven successful, even to little places like Allegany County. In 2011, this year's senior class supported me through my first endeavors to make epilepsy known throughout our school.

Since my sixth grade year we have had purple day festivities at Alfred-Almond and have tried to gather as many people as possible for purple group picture. a Unfortunately, this year Epilepsy Awareness Day is on a Sunday, so there won't be an official event in school this year. Part of my goal in being an epilepsy ambassador, though is to get as many people to wear purple on March 26 that I can. So if you find yourself wearing purple on that Sunday, send me a picture of you in your purple attire (mc0501@aacsapps.com) that can be added to our purple collage that will be sent to the Purple Day Association.

Although there won't be in-school festivities this year, there will be a local awareness event. On Sunday, March 26, there will be a macaroni and cheese cook off held at the Alfred Station Seventh Day Baptist Church. Anyone can enter a mac-n-cheese dish with a ten dollar registration fee. Open to the community, the yummy dishes will be served from 11:30 -1:30 pm on Sunday, March 26, and all of the proceeds made from the event will be given to The Epilepsy Foundation of Rochester - Syracuse - Binghamton. If you can't join us for this fun time of eating food, make sure to wear your purple to help make our world more aware of this seizure disorder.



The one who started it all! Cassidy Megan created this awareness day to support people like her. Photo from purpleday.org



Living with Kidney Disease

By Erin Anderson Public Relations Manager

Personally, I do not have kidney disease, but I'm a potential carrier of a disorder that affects the kidneys called Bronchial-Oto-Renal Syndrome (BOR) because mv mother has it, BOR is a dominant genetic disorder involving the kidneys, ears. and neck. Mv mother also undergone a has kidney transplant. When getting a transplant, a person must take immunosuppressants and steroids to keep the kidney from being rejected by the recipient. The process to be able to get a new kidney is extensive. The patient's kidney function has to be at 20 percent or lower to get onto the United Network of Organ Sharing (UNOS) transplant list. Both the donor and the recipient go through testing to see if the donor organ would be compatible or to be considered for a living donor transplant from another person to ensure that the recipient's body will not reject it. It often takes years for a compatible donor organ to become available for the recipient. There are lucky cases when you can get one within months, though it is rare. Another possibility is if a sibling is willing to donate one of their kidneys. Relatives by blood are the most compatible if someone needs a kidney if they are a possible match, but that doesn't always guarantee that they will be able to receive it The more exact the human leukocyte antigen (HLA) match is, (HLA is a system or complex is a gene complex encoding the major histocompatibility complex (MHC)

proteins in humans) the more successful the transplant will be over a longer period of time. The new kidney would normally be placed on the right side of the stomach in the lower abdomen. There are some general facts that most people with kidney disease know, and some information that the general public should know.

►Normally a person has two kidneys located near the middle of the back below the rib cage; they are roughly the size of your fist. ➤Inside the kidneys are nephrons; filter blood and remove thev wastes and excess water. ► A person with kidney disease has to be very careful with what they do and eat.

➤ They have to go on a special diet called the Renal diet to regulate potassium, phosphorus, calcium, and nitrates, which slowly damage the kidneys. People on the renal diet can't eat an excessive amount of bananas, meats, fish, dairy. poultry, and other protein rich foods. ► Most kidney diseases attack the nephrons, making the kidneys unable to remove waste and excess water efficiently. Polycystic kidney disease (PKD) causes the nephrons to be overtaken by cysts, which

are sacs filled with water.

➤There are multiple causes for kidney disease which include genetic problems, injuries, or medications.

▶ People who have diabetes, high blood pressure, or a close family member with kidney disease are at a higher risk for developing it.
▶ Other kidney problems include cancer, cysts, stones, and infections.
▶ Once the kidneys fail you have to go onto dialysis, which is the process where a machine removes the wastes from your blood, or receive a transplant from a donor.

A sign of your kidneys failing is that there will be protein in your urine. To find out if you have protein in your urine you would ask your doctor to do a urine albumin-to-creatinine ratio (UACR) test.

There are five stages of kidney failure (see photo below).

If either you or a family member has kidney disease, it can be difficult to deal with the change of lifestyle and diet, it can be limiting and stressful, and you have to keep a constant eye on your condition to make sure your kidneys aren't going to fail. Living with any sort of disease is never easy but people can pull through. Never let anything hold you back.

month for it is March.

Photo from supportstore.com



stage of kidney failure. During the last stage of kidney failure, most people go on dialysis to stay alive until they get their transplant. Photo from chronickidneydiseaseremedies.com



Hitchhiker's Guide To Real Estate

The "government" is very persistent. They used to leave me alone, and then I crash a taxi into ONE supermarket, and suddenly I'm the most popular guy in their social group. I'm so popular, in fact, that they wait outside my base all day, everyday. You can only escape so many times before they learn all of your tricks. Sure, they claim to be cops, but I know the truth. I am nothing but innocent; I have gotten a gift from Mr. Hall, aka Santa, every single year. He's broken into my house countless times, so they should really be going after him, not me. With all these troubles, the Men in Blue have repurposed my base into their clubhouse again, and only members can enter, as they clearly marked it with yellow tape. How do I know this? Everytime I try and enter they say "Hey, get him!" and then we play a game of hide and seek. They really get into it, bringing dogs out everything. Although and not certified, I have a lot of experience in the hiding portion of this game, and they were no match for me.

Without a base of operations, I decided to peruse the local real estate. I've done this so many times, I've become somewhat of an expert. Before I did this I decided to update myself on New York State squatting laws. As always, you have to inhabit the owner's land for ten years in an open, notorious, continuous, exclusive way. Now finding a permanent home is a bit of a long term investment and it can fail to pan

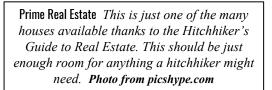
By: Bill Bacon - Staff Writer

out, much like with Larry*, as he will find out shortly. So I decided to have someone do it for me. I called in a fan of mine, Josh Carstens, and locked him in Larry's attic, whose house I had a head start on squatting in. Don't worry about Josh though, he'll be fine. He's great at squats. Unfortunately, I couldn't wait ten years for Josh to finish the job, as I needed a place for hide and seek now. So I went and found some unmarked property listings: the abandoned high school in Alfred, the University library, Alfred the Montessori playground, and the woods. After playing hide and seek, I was in an energetic mood and visited these places within an afternoon. The woods might seem boring and monotonous, and, oh god, they are.

It's the same thing over and over, It's the same thing over and over, -you get lost easily -partly why I've won so many hide and seek games. Tree huggers support these things? Trees? These people are the reason boredom exists, allowing wide green stretches of natural monotony to stand. Imagine being stuck in a room for a month, and you don't know how to get out, and there are people trying to capture you, and if you do leave you'll be arrested. This is a really long analogy, but you get the point.

The playground I found to have tiny, nightmarish neighbors who yell and scream while infiltrating my base repeatedly. I knew having a security issue was going to be a major problem, so I left. I may have been kicked out,







"Exclusive Clubhouse" After asking the local police, they gave us these photos.. Photo courtesy of Police

*Larry is an individual who was Bill Bacon's "neighbor".



and I may have had to play hide and seek again, but I did leave by my own will.

The abandoned high school is pristine property, isolated, sturdy, and colossal. I didn't even need to buy curtains for the windows because they're boarded up. There were also some houses close enough to me to secretly borrow some power. I may have lacked some heating in the building, but if I could weather the playground, I could stand a little cold. I do like the skyview in The high school, but not when it's constantly expanding, and bits of it add to your blanket layers. The ceiling was falling, so I left.

The AU Library has been a great office for me when writing articles, but maybe I could make it a base of operations as well. You see they close it, but they don't actually check if anyone is there. Sure it's dark, but it's also warm with some computers available. Once in awhile I get kicked out for loitering around too long without a library card, but then I just use a new disguise. Unfortunately I ran out of fake mustaches; there are only so many varieties of fake mustaches and hats you can put on... just kidding I never run out of disguises. They did install security cameras after the third day, though ...

Since none of these dwellings panned out, I had to get creative and decided to hide right under the "government's" nose, the police station. In fact, I'm about to go there now as I write this on a laptop that was just laying around ready to be picked up. Sure it was chained to a desk, but that's just to ward off the unworthy contenders, and like King Arthur I yanked my prize from the desk. I can already tell the police station is going to be the best place, they not only don't expect it, they also have doughnuts. I, Bill Bacon, fully recommend the police station. Now all I have to do is go check it out before finishing up this article...



Abandoned High School Another photo recovered from Bill's Camera Photo courtesy of Police

Josh C. <jdcbro43@gmail.com> to me ▼

Bill;

It's been ten days. Ten days since I woke up in a unidentified person's attic, How do I know it's an attic? The dust. My lungs are deteriorating fast and I need to get out. The door out of the attic is locked and there are no windows. How would I go about claiming this attic from it's original owner? I haven't technically been in this attic long enough for squatter's rights, but they have no proof I haven't been in this attic for ten years. I'm fairly confident that nobody else lives downstairs because I've been making a racket and they should have heard me by now.

What's my next step, Bill?

Josh Is still Stuck This Is that Last known information of Josh. Photo courtesy of Police



Police Station Last photo from Bacon's Camera Photo courtesy of Police



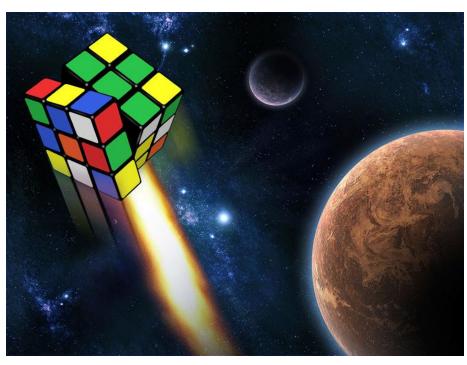
Gescory of the Bubekes Cube

By Charles Elliott Staff Writer

Well don't you just hate it when you can't solve that doggone Rubik's Cube? Have you spent countless hours attempting to solve the mysteries of the cube? Have you pondered how to crack the code? Fear not, there are many articles out there on how to do just that. Here is a step-by-step wonderful tutorial (Tutorial Here!!!). This, on the other hand is an article of the history of the Rubik's Cube. If I tried to explain how to solve the cube, it would take up much more writing space than I have. I'm sorry to deliver such terrible news but to you, unfortunately the editing forces are holding me back.

The first appearance of the Rubik's Cube was on the far side of the Milky Way, as we all know.... wait, breaking news, I'm being told that this information is actually false. Apparently, the Rubik's Cube was actually made by an Average Joe named Erno Rubik. Who knew that one of our own kind could create such a bamboozling instrument? Especially one that has over 43 quintillion (that's 18 zeros...) arrangements. It's almost as perplexing as my favorite instrument created in 1756, Mayonnaise. The noises that a Rubik's Cube creates are elegant sounds of friction and frustration, followed by symphonic grunts of anguish.

Now enough comedy, let's get down to the meat of this article. As I stated earlier, the Rubik's Cube was created by a Hungarian architect named Erno Rubik in 1974. The



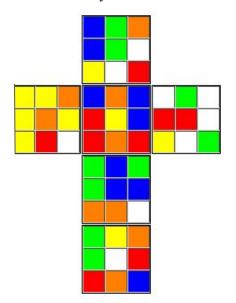
Beginning of the Rubik's Cube The Rubik's Cube soaring through space Photo from fatbraintoys.com

Rubik's Cube was surprisingly not a toy to begin with; it was a model to help explain 3D geometry. The first prototype was made with household items such as wood, rubber bands, and paperclips. He originally called the it "The Magic Cube," probably due to its magical powers. The Rubik's Cube was a huge hit when it first came out. Although as most things do, the Rubik's Cube got less and less popular due to most people already having one, though "speedcubers" have perfected their increasingly over craft time. Speedcubers are people who try to solve the Cube as quickly as possible. The current world record is a shocking 4.73 seconds, held by Australian speedcuber Feliks Zemdegs. Even faster than speedcubers, robots can solve it in less than four seconds.

The Rubik's Cube hasn't changed much over the years. The only major changes are that the company made a version without

stickers, so people wouldn't peel them off. Also earlier cubes had a variation of color arrangements such as red across from orange, blue across from green, and so on.

The Rubik's Cube has been around for many years, and hopefully will be for many more.



The Full Cube All sides of the cube, scrambled *Photo from <u>nbcdaily.com</u>*



Irish Foods 27 March 2017

Traditional Irish Foods

Irish meals have always been a large part of the classic American St. Patrick's Day cuisine. Ever since Irish immigrants stepped foot on Ellis Island in New York City during the early 1900's, their culture infused itself with ours and caused the birth of many divine meals. These are some traditional Irish meals that have made their way into American culture.

Boxty is a famous potato meal mostly associated with Ulster. Connacht and the two northernmost regions of Ireland. Boxty is similar to potato pancakes, except that boxty is smoother and more finely grained than other versions. The thing that makes boxty different from other potato dishes is that it uses two different forms of potatoes: raw and mashed. The most popular mixture for boxty contains raw potatoes, mashed potatoes, flour, baking soda, buttermilk, and eggs.

Shepherd's pie is one of the first foods Americans think of when you mention Irish foods. Shepherd's, or cottage pie, is a meal that originated in the United Kingdom, By Owen Curtin Design Manager



Smooth as a pancake: See how smooth the surface is? It's like it's not even made of potatoes. *Photo from dishmaps.com*

but through the years has been associated more with Irish culture than English culture. Shepherd's pie is a meat pie that contains a base made of either ground beef or lamb. On top of the meat, there is a layer of mashed potatoes. That is shepherd's pie at its most basic form. However, people like to make their own variations on the meal. For example, it's popular to mix vegetables into the meat. Carrots and green beans are common for this. Also, it's popular to mix cheese into the mashed potatoes and bake the surface of the





Layers of awesome: Before mincing machines were invented, shepherd's pie was made using chunks of meat from leftover roasts. *Photo from food.com* top layer to make it crusty.

Irish oatmeal is another well known Irish meal. Much like boxty, it too is a variation on a very basic meal. Steel cut oats are cut into smaller pieces shaped in dense cubes; they take longer to cook than regular oats, but the finished product is worth the wait. Personally, I find that Irish oatmeal is much creamier thanks to the long cooking process from the steel cut oats. Irish oatmeal goes well with sliced banana, walnuts, and cinnamon.

So this St. Patrick's day, sit down, relax, and enjoy some delicious Irish meals. If you'd like to see more traditional Irish meals, visit http://www.food.com/ideas/traditiona l-irish-foods-6326



Diversity: Right: Steel Cut. Left: Regular. Can you see how much thicker the steel cut oats are? *Photo from keeperofthehome.org*



Savage 28 March 2017

SIT DOWN WITH THE SAVAGE

By: Brendan Walsh- Editor-in-Chief

For those of you who aren't aware, for the past few months there has been a student who calls himself "Savage:" Dakota Feenaughty. The entire time he has been doing this, none of us have understood what he means by it, or why he says it. He has even gone out of his way to make a mug with his picture on it, and a magazine cover with the title "Savage Magazine." In this exclusive interview with the Savage himself, I will attempt to clear up some confusion on the months-long mystery.

What is a "Savage"?

"I describe a savage as being insanely awesome, insanely cool, and great at what I do."

When did you become "Savage"?

"When I started basketball... I started basketball when I was 11."

What makes you "Savage"?

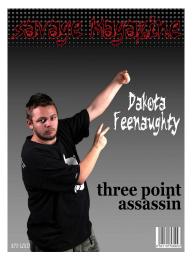
"I ball it up like an awesome basketball player that I truly am... I drain 3s on people."

Are there any other Savages?

"No there aren't, I am the one true savage"

What is "Savage Magazine"?

"Something I created for that savage that is inside me... It's just the cover...for now."



The Savage Himself This is the one and only cover of "Savage Magazine." There is a printed copy of this hanging in Mr. McAneney's office. Photo courtesy of Cory Olix



Mugshot! This is a photo of a mug made by the Savage: Dakota Feenaughty. There is only one made and it has been gifted. He plans to make more in the future. Photo courtesy of Brendan Walsh

What was your most savage moment?

"I would say my first two 3s... Those were this year."

Do you do savage things every day?

"Yes. I go to the park and ball it up every-day, and blare the music on my savage mix CDs."

When did you make those?

"A couple weeks ago."

What are on those?

"Savage Music"

Do you have any advice for anyone else who wants to become a "Savage?"

"All I can say is that if you want to become a savage then you can't, because I am the only one."



Middle Name Game!

In honor of Middle Name Pride Day falling on March 10, we have created a fun and enticing game! Match the middle name with the correct teacher. When finished, answers are in the bottom right. Enjoy!

1. Kelly Valentine	a.	Christine
2. Matthew McAneney	b.	Marie
3. Mae Backer	c.	Andrew
4. Kert Decker	d.	Garwood
5. Steve Donlon	e.	Suzanne
6. John Gemmel	f.	Marie
7. Stephen Rech	g.	Shea
8. Burt Turner	h.	Marie
9. Molly Turner	١.	Thomas
10. Amy Decker	j.	Michael
11. Megan Saxton	k.	Matthew
12. Lindsey Bialecki	I.	Holloman
13. Diane Mix	m.	Vincenza
14. Barrie Clark	n.	Frank
15. Erica Clark	о.	Gerard

Acknowledgments By Dylan Griffin - Staff Writer

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On February 24, Jacob L. participated in the New York State Wrestling tournament held at the Times-Union Center in Albany NY. Jacob started the day on Friday with a pin over the number sixth seeded wrestler from South Lewis HS, before dropping a 5-2 decision in the quarter finals to the eventual State Champion from Lewis Porter HS. Jacob's season concluded in the wrestle backs to a competitor from the Public Schools Athletic League. Although Jacob was unable to find the medal stand that weekend, he should be very proud of his accomplishments during his senior wrestling season. Jacob finishes the season with a 50-4 record, champion of the State Farm Classic, Avoca Invitational, First team Steuben County, Most Outstanding wrestler; upper weights in Steuben County, a third place in the Section V tournament and a class B sectional title. Awesome job Jacob!!! ~ Mr.Cook

Thank you to <u>all the winter sports coaches</u> for being so supportive to all the players throughout the 2016-2017 season. ~**Jessica Flaitz**

<u>Mrs. Turner</u> for being a dedicated coach and making our season a memorable and enjoyable one. Thank you for everything ~ Janu Patel, Mariah Hann, Hannah Kinnaird

Thank you Ms. Carretto for making "bump-a-palooza" possible! ~Jack Castle

Thank you Mr. Levey for making sure that everyone makes their senior trip deposits and for being
a great class advisor! ~Abbey Swackhamer

Mrs. Booman for all her great work - look around and see the art she fostered! ~Mrs. Donius

Thank you to <u>Mrs. Bain-Lucey and students</u> for recognizing National School Counselor's week. We appreciate your thoughtfulness. \sim **Mr. McAneney and Mrs. Decker**

Thank you to the school counselors for all of the help throughout the years!~Brendan Walsh

Thank you to <u>Mr. Calkins</u> and <u>Mr. Levey</u> for helping to build an amazing set for the musical, and to all those who helped to paint and clean the stage to make it pretty for show week ~**Madge Chroniger**

 Thank you Ms.Karr for all of her hard work and dedication to the show and the cast and crew.

 ~
 Mackenzie
 Ormsby

I acknowledge the <u>Donlon brothers</u> for giving me the pleasure of interviewing them. ~Justin Berry

I want to acknowledge <u>Bill Bacon</u> for his excellent articles, and <u>Greg Boardman</u> for laziest writer. ~**Justin Berry**

Giving a big shout out to the <u>volunteers at the Hornell Humane Society</u> for providing a safe home for abandoned and stray animals in our region.~**Erin Anderson**

Police for apprehending a notorious crook, Bill Bacon ~Gregory Boardman

If you have anyone you would like the acknowledge, use this Google Form.